



Medical History Form

Name: _____

Age: _____ Today's Date: _____

Date of Birth: _____ Marital Status: _____

SSN: _____

Occupation: _____

Primary Care Physician: _____

Where is your Problem? (Please circle)

Foot Ankle Knee Hip

Elbow Shoulder Back

Wrist Hand Other

Which Side? Right / Left / Both

Which hand is Dominant? Right / Left

Height: _____ Weight: _____

Problems (please check that apply)

- Pain? (0-10) _____
- Weakness?
- Instability/Giving way/Dislocation?
- Stiffness?
- Swelling?
- Other?

How did you injure yourself?

- No injury, just started hurting
- Sports (which sport?) _____
- Motor vehicle accident
- Work/Job

Is there a workers comp claim? Yes / No

Date of Injury? _____

How long have you had Symptoms? _____

Briefly describe your injury: _____

Previous Treatments:

- Medications? _____
- Physical Therapy
- Injections
- Bracing
- Surgery? _____

Sports Level: None / Recreational / Competitive

Providers Initials: _____

Previous Surgeries: (include dates): _____

Do you have pain at night? Yes / No

Does it waken you from sleep? Yes / No

Is the pain getting:
Better Worse Same

What makes the problem better? _____

What makes the problem worse? _____

Allergies: _____

Please list your medications: _____

Do you take blood thinners? Yes / No

Do any diseases run in your family? _____

Medical History: (please check that apply)

- High blood pressure
- Heart attack
- Heart failure
- Peripheral Vascular disease
- Stroke
 - Residual defects? _____
- Dementia
- COPD
- Connective tissue disease
- Peptic Ulcer Disease/GERD
- Diabetes
 - Most recent HgbA1c? _____
 - Take Insulin
- Kidney Disease
 - Stage _____
- Cancer
 - If yes, please specify _____
- HIV
- Liver disease/Hepatitis
- Blood Clot
- Pulmonary Embolus
- Smoker
 - How Much? _____

Informed on smoking Risk? _____

Review of Systems:

1. **Constitutional/General** None Recent Weight change Chills Fever Weakness/Fatigue
 other _____
2. **Eyes** None Vision Change Glasses/contacts Cataracts Glaucoma
 other _____
3. **Ear, Nose, Throat** None Hearing Loss Ear Ache Ringing in ear
 other _____
4. **Cardiovascular** None Chest pain Swelling in legs Palpitations
 other _____
5. **Respiratory** None Shortness of Breath Wheezing, Asthma Frequent Cough
 other _____
6. **Gastrointestinal** None Acid Reflux Nausea or Vomiting Abdominal Pain
 other _____
7. **Musculoskeletal** None Muscle Aches Swelling of the Joints Stiffness in Joints
 other _____
8. **Skin** None Rash Ulcers Abnormal scars
 other _____
9. **Neurological** None Headaches Dizziness Numbness/tingling loss of sensation
 other _____
10. **Psychiatric** None Depression Nervousness Anxiety Mood Swings
 other _____
11. **Endocrine** None Excessive thirst or hunger Hot/Cold intolerance Hot flashes
 other _____
12. **Hematologic** None Easy Bruising Easy Bleeding Anemia
 other _____

What activities would you like to do if you were not injured or in pain?

Signature: _____ **Date:** _____

Name: _____

Providers Initials: _____